



**MANITA SAWHNEY, DO**  
**INTERNAL MEDICINE**

Dr. Sawhney finished her formal training in Philadelphia and is board certified in internal medicine. Prior to arriving to our community, Dr. Sawhney worked as a Hospitalist with The Westchester Medical Practice.

Some of the services Dr. Sawhney provides include:

- Primary Care
- Sick & Well Visits
- DOT & CDL Exams
- Lipid Management
- Diabetes Management
- Pap Smears
- Memory Clinic



**ANJALI SHAH, MD**  
**FAMILY MEDICINE**

Dr. Anjali Shah is board certified in family medicine and has been practicing for over 20 years. She attended medical school at Smt. NHL Municipal Medical College and completed her residency at South Nassau Community Hospital.

Some of the services Dr. Shah provides include:

- Women's Health
- Health Risk Assessments
- Obesity Management
- Immunizations
- Preventative Care
- Treatment of common chronic conditions
- Screening Tests



**JOSHUA VERNATTER, MD**  
**INFECTIOUS DISEASE**

Dr. Joshua Vernatter is board certified in internal medicine and infectious disease. He attended medical school at Albert Einstein College of Medicine of Yeshiva University. His residency was completed at Long Island Jewish Medical Center for internal medicine and his fellowship was completed at Montefiore Hospital and Medical Center for infectious disease.



**AMALTHEA WILLIAMS, FNP**  
**FAMILY MEDICINE**

Amalthea Williams, FNP graduated from Frontier Nursing University in Hyden, Kentucky with a Doctorate in Family Nurse Practitioner. Amalthea carries over 10 years of experience of being a registered nurse and is a board certified family nurse practitioner.

Some of the services Amalthea Williams, FNP provides include:

- Sick and Well Visits
- Primary Care
- Disease Management
- Smoking Cessation



# LOCATIONS

**SAME DAY APPOINTMENTS AVAILABLE**

**24/7 ACCESS TO ON-CALL PHYSICIAN**

**1418 Route 300, Newburgh, NY 12550**  
(845) 561-0642

*Dr. Uticia Belfield*  
Internal Medicine

*Dr. Nicole Agcanas*  
Family Care

*Amalthea Williams, FNP*  
Family Medicine

**Office Hours:**

Monday, Tuesday & Wednesday	8:00 a.m. - 4:00 p.m.
Thursday	8:00 a.m. - 6:30 p.m.
Friday	8:00 a.m. - 3:00 p.m.

**19 Laurel Avenue, LL1 – Cornwall, NY 12518**  
(845) 534-7080

*Dr. Nicole Agcanas*  
Family Care

*Dr. Nicholas Bambino*  
Internal Medicine

*Dr. Syed Hosain*  
Pain Management

*Dr. Kirti Joseph*  
Hospice & Palliative Medicine

*Dr. Lauren Licata*  
General Surgery

*Dr. Diana Linetskaya*  
Plastic & Reconstructive Surgery

*Dr. Vadim Meytes*  
Bariatric & General Surgery

*Kazell Penalosa, FNP-BC*  
Pain Management

*Dr. Paul Reichman*  
General Surgery

*Dr. Manita Sawhney*  
Internal Medicine

*Dr. Anjali Shah*  
Family Medicine

*Dr. Joshua Vernatter*  
Infectious Disease

*Amalthea Williams, FNP*  
Family Medicine

**Office Hours:**

Monday - Friday 8:30 a.m. - 5:00 p.m.

**Phone Hours:**

7 Days a Week 8:30 a.m. - 4:45 p.m.



The Medical Group at  
**Montefiore | St. Luke's Cornwall**



**NEWBURGH PRIMARY CARE**  
**1418 Route 300**  
**Newburgh, NY 12550**  
**(845) 561-0642**

**CORNWALL PRIMARY CARE,**  
**PALLIATIVE CARE, GENERAL SURGERY,**  
**PLASTIC SURGERY, & KREISBERG FAMILY**  
**PAIN MANAGEMENT**  
**19 Laurel Ave, LL1**  
**Cornwall, NY 12518**  
**(845) 534-7080**

[WWW.SLCMEDGROUP.ORG](http://WWW.SLCMEDGROUP.ORG)



## THE MEDICAL GROUP AT MONTEFIORE ST. LUKE'S CORNWALL

Established in 2011, The Medical Group at Montefiore St. Luke's Cornwall was started by a group of experienced physicians who earned the respect of the community with their many years of local practice. These physicians have recruited and mentored young professionals to join them and carry on their legacy of high quality medical care. With offices in Newburgh and Cornwall, our highly-trained physicians offer a broad spectrum of care, including –

- Primary Care
- Wellness Education
- Pain Management
- Occupational Health
- Reconstructive & Plastic Surgery
- Palliative Care
- General Surgery
- Infectious Disease

In addition to the group doctors, our affiliation with Montefiore St. Luke's Cornwall allows The Medical Group direct access to a network of award-winning medical services.

- Cardiac Rehabilitation
- Physical Therapy
- Oncology & Radiation Services
- Sleep Medicine
- Imaging
- Laboratory Services
- Dialysis
- Wound Healing & Hyperbaric Medicine
- Driver Evaluation and Advisement Center
- Cognitive and Memory Services

The Medical Group at Montefiore St. Luke's Cornwall maintains a strong collaborative relationship with local surgical and medical specialists to ensure timely access to experienced subspecialty care close to home.

The Medical Group mission is to focus on the medical needs and challenges of each individual who entrusts their health care to the practice. By combining preventative medicine strategies with state of the art treatment options, our physicians are committed to providing the high quality health care that our community deserves.

We accept most insurance plans, in addition to working with those without health insurance. For specific information, contact our offices.

### OUR PROVIDERS



#### NICOLE AGCANAS, MD FAMILY CARE

Dr. Nicole C. Agcanas is a Board Certified primary care physician specializing in Family Medicine. A graduate of Albert Einstein College of Medicine, Dr. Agcanas practiced at Montefiore Medical Center, Moses Division in the Bronx, New York prior to joining the Hudson Valley community.

Some of the services Dr. Agcanas provides include:

- Sick and Well Visits
- Disease Management/Chronic Illnesses (ex dm, lipid, asthma, copd) Basic Procedures (ex knee injections, skin tag removals, I&Ds)
- Smoking Cessation
- Women's Health (ex pap smears, birth control counseling and prescribing, including IUD/ nexplanon placement and removals, prenatal care)



#### NICHOLAS BAMBINO, MD INTERNAL MEDICINE

Dr. Nicholas Bambino is Board Certified in Internal Medicine, Gastroenterology and Palliative Care. He has been a member of the Montefiore St. Luke's Cornwall medical staff since 1974 and remains dedicated to serving patients in our community.

Some of the services Dr. Bambino provides include:

- Internal Medicine
- Treatment of Liver Diseases



#### UTICIA BELFIELD, MD INTERNAL MEDICINE

Dr. Uticia Belfield has been part of the Newburgh community since 2012. Board certified in Internal Medicine, She came to the Hudson Valley after completing her training at St. Barnabas Hospital in Bronx, NY.

Some of the services Dr. Belfield provides include:

- Lipid Management
- Diabetes Management
- Primary Care
- Sick & Well Visits
- DOT & CDL Exams



#### SYED HOSAIN, MD PAIN MANAGEMENT

Dr. Syed Hosain is a board certified doctor in anesthesiology and pain medicine. He attended medical school at the University of Southampton and completed his residency at the Maimonides Medical Center for anesthesiology. Dr. Hosain accepted his fellowship for Pain Medicine at SUNY Upstate Medical University. He has been in practice for over 30 years.



#### KIRTI JOSEPH, MD HOSPICE AND PALLIATIVE MEDICINE

Dr. Kirti Joseph joined the group in 2016 after receiving her board certification in Internal Medicine. Prior to her arrival, she completed a fellowship in Hospice and Palliative Medicine at SUNY Buffalo. She also serves as the Director of Palliative Care at Montefiore St. Luke's Cornwall.

Some of the services Dr. Joseph provides include inpatient and outpatient services for Palliative Care such as:

- Pain Management
- Nausea/Vomiting
- Depression
- Anorexia
- Inpatients with any advanced illnesses
- Certified to prescribe medical marijuana



#### LAUREN LICATA, MD GENERAL SURGERY

Dr. Lauren Licata is a board certified general surgeon who encompasses the full scope of general surgery where she was exposed to the latest surgical research and techniques. Dr. Licata attended The Ohio State University Mastery of General Surgery program.

Some of the services Dr. Licata provides include:

- Robotic Surgery
- Gall Bladder Surgeries
- Hernias
- Breast Surgery
- Lipomas
- Colon Resections
- And Many More General Surgery Options



#### DIANA LINETSKAYA, MD PLASTIC AND RECONSTRUCTIVE SURGERY

Dr. Linetskaya is a plastic surgeon who specializes in both cosmetic and reconstructive surgery. Although Dr. Linetskaya performs a wide variety of services, she has a particular interest in breast reconstruction, breast reduction and aesthetic breast surgery. Dr. Linetskaya obtained

her medical degree at State University of New York Downstate School of Medicine and completed her Plastic and Reconstructive Surgery Training at Montefiore Medical Center, Albert Einstein School of Medicine. Dr. Linetskaya is Board Certified by the American Board of Plastic Surgery.

Dr. Linetskaya specializes in Plastic & Reconstructive surgery, including:

- Aesthetic and Reconstructive Breast Surgery
- Body Contouring
- Botox & Facial Fillers
- Facial Rejuvenation
- Excision of both Benign and Malignant Skin Lesions
- Repair of Facial Lacerations



#### VADIM MEYTES, DO BARIATRIC AND GENERAL SURGERY

Dr. Meytes is a bariatric surgeon trained to offer minimally invasive/robotic hernia repair, gallbladder removal, acid reflux surgery, and bariatric surgery including gastric bypass and sleeve gastrectomy. Early in his surgical training at NYU Langone Hospital-Brooklyn, he recognized a growing need to offer the highest level of care

in the most minimally invasive approach for various diseases. Since 2017, Dr. Meytes has been providing quality surgical care to communities in the Hudson Valley. A native of New York City, he enjoys spending time with his family, traveling, attending concerts, and being a medical advisor for multiple TV shows.

Some of the services Dr. Meytes provides include:

- Sleeve Gastrectomy
- Gastric Bypass
- Hernia Surgery
- GERD Management
- Disease Management (Biliary Tree Diseases)



#### KAZELL PENALOSA, FNP-BC PAIN MANAGEMENT

Kazell Ann Penalosa, FNP-BC is certified by the American Nurses Credentialing Center (ANCC). She received her Masters Degree in Nurse Practitioner at Dominican College. Prior to her arrival, she worked at Nyack hospital and Calvary Hospital. She also serves as an adjunct clinical instructor at Dominican college.



#### PAUL REICHMAN, MD GENERAL SURGERY

Dr. Paul Reichman is a general surgeon that received his medical degree from Albert Einstein College of Medicine. He has been in practice for more than 25 years.

Some of the services Dr. Reichman provides include:

- Gall Bladder Surgeries
- Hernias
- Breast Surgery
- Lipomas
- Colon Resections
- And Many More General Surgery Options