



Annual Report 2018 - 2019 Montefiore St. Luke's Cornwall

Mission, Vision and Core Values

Providing Exceptional Healthcare to the Hudson Valley Region

Montefiore St. Luke's Cornwall has a long history of providing outstanding healthcare services to individuals and families throughout the Hudson Valley. In our over 100 years of serving the community, we have continuously improved our services and facilities to better meet the needs of the local population. Guiding us through every step of the way is our hospital's mission, vision, and core values.

Mission:

Montefiore St. Luke's Cornwall is dedicated to providing exceptional health care to improve the lives and well-being of the people in the communities we serve.

Vision:

To continue as a leader in exceptional health care delivery by collaborating with our patients, providers, employees and regional partners to improve the health of our community for life. We will excel as a highly efficient organization driven by quality and service excellence.

Core Values:

We commit to holding ourselves, each other and our organization to the following core values —

- Collaboration
- Compassion
- Patient Centered
- Quality
- Safety

A Message from the President & CEO

Dear Friends.

When I started working in healthcare more than 40 years ago, I never would have predicted the evolutionary change in healthcare delivery, specifically over the last several years. A true example of the rapid transformation that has occurred at our community hospital began several years ago and continues today.

In 2018, our partnership with the Montefiore Health System became official. Fast forward to 2019, we have changed our name to Montefiore St. Luke's Cornwall (MSLC), combining our hospital's rich history with the top innovative clinical leader in the nation. We are so proud to be Montefiore St. Luke's Cornwall. This partnership has brought about positive growth and expansion on many levels, the best is yet to come.

Just shy of two years ago, we announced that changes were occurring on the Cornwall campus. As the healthcare model was beginning to shift, the Cornwall campus underwent an incredible transformation into a thriving outpatient center, focused on chronic disease management, addressing the health of the population. This has been accomplished with the newly renovated Rehabilitative Services Center in partnership with Burke Rehabilitation Hospital; the opening of Fresenius Kidney Care that provides outpatient dialysis services; the Littman Cancer Center; Pain Management; the Infusion Suite; Primary Care; the Center for Wound Care and Hyperbaric Medicine. This campus is equipped to treat the growing healthcare needs of the community we are so proud to serve.



At the Newburgh campus construction is well underway on the Emergency Department Expansion Project. MSLC received an \$8 million grant from the New York State Department of Health as part of the Statewide Healthcare Facility Transformation Program. The funding provides for a 10-bed observation unit, MRI suite, and the expansion of a portion of our ED and the ambulance bays. This will facilitate improved access to care for our community. The anticipated date of completion is the 1st Quarter of 2020.

As a vital access provider, the role of the hospital continues to evolve as the needs of our community do the same. The opioid epidemic is one that has hit close to home. As a community provider it is our obligation and responsibility to keep this front and center. Throughout the last year our team spearheaded several initiatives that brought together key stakeholders including Orange County District Attorney, Dave Hoovler and numerous local organizations. Just recently, our team co-chaired the Medication Assisted Treatment (MAT) Work Group for Orange County with the Commissioner of Mental Health Darcie Miller, working with our community partners to face this local and national crisis. Since its inception, lives have been saved. Our work continues to evolve but we are still far from the finish line.

While the bricks and mortar of MSLC make the hospital an anchor institution of our community, it is the people who work here that have elevated our hospital to what it is today, a regional leader in healthcare. It is this consistent high-quality care delivered with compassion and a sense of honor that has earned MSLC its many accreditations and recognitions. In June 2018, the Littman Cancer Center was awarded a full 3-year reaccreditation from the American College of Surgeon's Commission on Cancer, a strong reaffirmation of the standard of collaborative care provided by our Oncology, Pathology and Surgical Services as well as our Palliative and support care teams. Our Radiation Oncology Department also completed their American College of Radiology Accreditation and Department of Health survey with absolutely no deficiencies; our Radiology Department achieved 3-year accreditation in CAT scan and ultrasound; for the 11th consecutive year, MSLC was awarded the American Stroke Association's Get with The Guidelines®-Stroke Gold Plus Achievement Award. Last but certainly not least, we achieved accreditation as a Great Place to Work for the second year in a row, a true testament to the heartbeat of our organization, the MSLC family.

The continued support of our community and the collaborations that exist amongst our fellow providers, donors and friends help to keep us not only surviving but thriving. One such partner is the Newburgh Armory Unity Center, led by none other than Mr. William Kaplan, where MSLC staff volunteers to provide a weekly health education course titled Scholars in Scrubs. Additional partnerships with five care management agencies including Access: Supports for Living, Cornerstone Family Healthcare, Hudson Valley Community Services, Independent Living, and Mental Health Association of Orange County & Rehabilitation Support Services, Inc. all help to meet the social and chronic illness needs of some of our most vulnerable community members.

2018 was also an incredible year for philanthropy and that is a tribute to our dedicated donors. Donors, who are dear friends and have remained committed to our community hospital as we continue our journey toward the new horizon of innovative healthcare delivery. At the 2018 Golf and Tennis Tournament, through your support, greater than \$135,000 in net proceeds were raised. This is in addition to a record-breaking total of almost \$300,000 at our annual Gala.

As you can see, we are evolving at a rapid pace and continued change, expansion and improvements are on the horizon. The healthcare of tomorrow will not resemble that of yesterday but the advancements in care will have a lasting impact on the patients and community we are so proud to serve.

Joan Cusack-McGuirk
President & CFO

Leadership

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Leadership

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Officially a Member of the Montefiore Health System



Montefiore Health System (MHS) and St. Luke's Cornwall Hospital announced in early 2018 that their partnership had been approved by the New York State Health Commissioner, making MHS the parent and co-operator of the Orange County-based hospital. In 2019, Joan Cusack-McGuirk, and Dr. Steven Safyer, proudly greeted the community with the news of our official name change of Montefiore St. Luke's Cornwall along with the ribbon cutting of the newly renovated Rehabilitation center, in partnership with Burke Rehabilitation Hospital, also a member of the Montefiore Health System.

St. Luke's Cornwall officially became part of the Montefiore Health System in January 2018, and the new name not only showcases the new and improved system of care, but also stays true to the hospital's history in the community.

The events on both campuses were well attended by the community, elected officials, hospital staff, and hospital and system leadership, including Dr. Steven Safyer, President & CEO of Montefiore Medicine, and Jeff Menkes, CEO of Burke Rehabilitation Hospital.

After aligning with the Montefiore Health System, MSLC has added programs such as thoracic surgery, expanded its oncology program to enhance surgical service, become part of a regional health strategy with other Montefiore system campuses with a focus on population health management, and gained access to clinical trials and research through Montefiore's position as academic medical center and University Hospital for Albert Einstein College of Medicine. In addition, an \$8M expansion of Emergency Services has begun on the Newburgh campus, while the Cornwall campus has developed into an outpatient center focused on chronic disease management, including the renovation of the rehabilitation space and the opening of a dialysis center in partnership with Fresenius Kidney Care.

"Approximately 45,000 people work for the Montefiore Health System and The Albert Einstein College of Medicine. That is a huge part of the economy in our region; an economy that makes people better. This is a terrific moment on every level and let's continue to do what we're doing and let's be proud for what we've accomplished and let's look forward to accomplish more together."

- Dr. Steven Safyer, President and CEO of Montefiore Medicine

In addition to the existing physical therapy, occupational therapy, speech therapy, cardiac rehabilitation and pulmonary rehabilitation services, the partnership with Burke Rehabilitation Hospital, also a member of the Montefiore Health System, will result in the addition of a memory clinic and additional cognitive services.

"We're incredibly excited to partner with Montefiore St. Luke's Cornwall on this beautiful rehabilitation facility," Burke President and CEO Jeffrey Menkes said. "Now more than ever, patients need access to high quality physical, occupational and speech therapy as well as cardiac and pulmonary rehabilitation that employs the latest technology. We will look to add more specialty services in an effort to strengthen the seamless continuum of care that only the Montefiore system can provide."

"We are truly in the midst of transformation," Cusack-McGuirk said. "We are thrilled to be able to celebrate where we have been and where we are going in the years ahead."

SLCH and MHS first announced our intent for partnership in 2016. The State of New York Public Health and Health Planning Council approved the relationship in late 2017, which was followed by approval from the State Health Commissioner. This partnership offers access to cutting edge academic medicine, research and quality care, both locally and throughout the region.

"Since we began our journey with the Montefiore Health System, we have worked hand in hand to integrate our community hospital into one of the top health care systems in the nation. The innovation and advancements in care developed by the Montefiore Health System are now available to our community and the many patients we have been proud to serve for so many years."

- Joan Cusack-McGuirk, President & CEO



Evolution of Care

Cornwall Campus Transformation

In the last 12 months, Montefiore St. Luke's Cornwall's Cornwall campus has undergone significant transformation. MSLC leadership made a promise to the community just shy of three years ago that healthcare delivery was evolving. The hospital of yesterday would not look the same as that of tomorrow, and we'd be enhancing the care we are so privileged to provide to the community.

In early 2019, that promise held true, with the opening of Fresenius Kidney Care, an outpatient dialysis center providing much needed services. This new addition is co-located under one roof with the newly constructed Rehabilitation Center in partnership with Burke Rehabilitation Hospital, also a member of the Montefiore Health System. This center offers physical, occupational and speech therapies, along with cardiac and pulmonary rehabilitation. As we continue into 2019, MSLC will soon be adding a Center for Cognitive and Memory Services along with a Driver's Evaluation and Advisement Program, also falling under the umbrella of Rehabilitative services.

The St. Luke's Cornwall Medical Group, a certified Patient Centered Medical Home, is also located on the Cornwall campus, and provides expanded hours for primary care, working in partnership with the many other services offered at the Cornwall campus including Sleep Medicine, Oncology and Radiation Services, Infusion Suite, Centers for Pain Management, Wound Care and Hyperbaric Medicine along with Rehabilitative and Dialysis services as mentioned above.

Montefiore St. Luke's Cornwall is growing and we could not be more proud of the outpatient center of excellence that the Cornwall campus has become.













Evolution of Care

Emergency Department Expansion Project



As a vital access provider, Montefiore St. Luke's Cornwall is dedicated to meeting the healthcare needs of our community. As the Cornwall campus has shifted to an entirely outpatient model, the care provided on the Newburgh campus, specifically the Emergency Department and Verified Level III Trauma Center, are undergoing transformation and expansion.

The specific improvements include added triage space and expansion of Fast Track to improve patient flow and allow for faster patient assessment; an Observation Unit that provides a centralized area to treat patients who need additional care but not necessarily inpatient admission; an MRI Suite to give patients the ability to receive all of their diagnostic testing without being transferred; and expanded parking for EMS providers that improves patients' transition of care.

The expansion of emergency and trauma services will make the often-difficult experience of being in an emergency room much easier and more efficient for our patients. Plans are well underway and we expect construction to be completed by the 1st quarter of 2020.







Combatting the Opioid Epidemic with Medication Assisted Treatment

As part of its ongoing efforts to combat the local effects of the national opioid epidemic, Montefiore St. Luke's Cornwall (MSLC) is proud to provide Medication Assisted Treatment (MAT). This treatment is part of a Harm Reduction model that provides controlled medications that work to reduce or eliminate cravings and withdrawal symptoms, without the deleterious effect of the substance.

As addiction is a chronic disease, MAT may be required for life. Without it, 80-90% of people who abuse opioids are at risk to relapse. This form of treatment can help make opioid detoxification safer and more manageable. MAT involves continued treatment with one of three main types of medications: methadone, buprenorphine, or naloxone. This treatment, with these medications can help make the difficult process of recovery for opioid addiction less risky and more manageable.

From April 2017 through November 2018, MSLC saw a staggering 365 overdoses in its Emergency Department, with an additional 25 opioid-related deaths. With this backdrop, in 2017 MSLC partnered with the Orange County Department of Mental Health, led by Commissioner Darcie Miller, the Montefiore Hudson Valley Collaborative (MHVC), Performing Provider System (PPS) and several community-based organizations, including local law enforcement, and mental health, with a goal of ending all avoidable substance use disorder deaths.

Today, MSLC is proud to partner with The Center for Recovery, Cross Valley Health and Medicine, Hudson Valley Community Services and Restorative Management in achieving access to same day induction to Medication Assisted Treatment.

"Montefiore St. Luke's Cornwall is proud to provide MAT as an option throughout our Hospital. We are additionally proud of the community relationships we have developed with our partners who agree to take our patients from day one inductions. These include: Cross Valley Health & Medicine, led by Dr. Paul Saladino, MSLC's Medical Director for our MAT option, Center for Recovery, Hudson Valley Community Services and Restorative Management."

- Daniel Maughan, RN, BSN, MBA, FNP-C, Senior Vice President, Transformation



Awards and Recognition





A GREAT PLACE TO WORK

Montefiore St. Luke's Cornwall (MSLC) was certified as a great workplace for the second year in a row by the independent analysts at Great Place to Work™. MSLC has earned this credential based on extensive ratings provided by its employees in anonymous surveys. MSLC is one of only thirteen hospitals in the nation to be recognized as a Great Place to Work, and the organization joins the likes of St. Jude's Children's Hospital.





GET WITH THE GUIDELINES®-STROKE GOLD PLUS QUALITY ACHIEVEMENT AWARD

Montefiore St. Luke's Cornwall (MSLC) has received the American Heart Association/American Stroke Association's Get With The Guidelines®-Stroke Gold Plus Quality Achievement Award for the 10th consecutive year. The award recognizes the hospital's commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines based on the latest scientific evidence.



MISSION LIFELINE BRONZE AWARD

The Cardiovascular Institute earned the Mission Lifeline Bronze Award for STEMI care, the highest honor we were eligible for based on the date we began submitting data to the program (July 2017).





EXCELLENCE IN NURSING AWARDS

Five members of the Montefiore St. Luke's Cornwall (MSLC) Nursing team were recognized at Hudson Valley Magazine's Excellence in Nursing Awards. Congratulations to Linda Callinan, Jessica Secor, Benjamin Hayes, Dawn Mott and Emily Terry.



The Littman Cancer Center achieved a three-year re-accreditation from the American College of Surgeon's Commission on Cancer in June 2018. In addition, our cancer program received commendation in 5 areas (pathology reports including all recommended elements; accurate and timely submission of data to the CoC database; public reporting of cancer program outcomes; clinical trial accrual; and oncology registrar's attendance at state/regional conferences).



Cornwall Radiation Oncology Services also successfully completed their American College of Radiology Accreditation and Department of Health survey with zero deficiencies!

Our Radiology Department achieved a three-year re-accreditation by the ACR for Mammography, Computerized Tomography and Ultrasound.

Montefiore St. Luke's Cornwall's dedication to improving the lives and well-being of the people in the communities we serve does not stop at the hospital doors. A key component of this commitment is helping to bring our friends and neighbors the most up-to-date information enabling them to make healthier choices, assist in prevention, and manage their current health care needs. The efforts include multiple approaches, including free health and wellness seminars, visits with local senior groups, support groups and management classes, as well as MSLC's very own podcast series.

SUPPORT & MANAGEMENT

Part of MSLC's shift toward a population health model is providing the necessary resources to help our patients better deal with any current health concern on a day-to-day basis and reduce the need for hospitalization. This chronic disease management program includes education and support groups, including –

COPD Academy: This weekly meeting for patients with Chronic Obstructive Pulmonary Disease includes information about medication management, food and nutrition, and physical activity.

CHF Clinic: The MSLC Congestive Heart Failure Clinic meets weekly with the goal of allowing patients to be an active participant in their treatment plan. The team collaborates with each patient's own cardiologist to meet the established plan of care and communicate their progress.

CHF Support Group: This monthly support group is designed to help patients and their loved ones better understand CHF through education, advice and encouragement.

Mended Hearts Support Group: Mended Hearts is a support group for those living with heart disease. Each month members meet on the Cornwall campus to talk through lifestyle changes, depression, recovery and treatment.

Diabetes Education Program & Support Group: The MSLC Diabetes Self-Management Program curriculum is recognized by the American Diabetes Association and includes everything a diabetic should know to manage their disease and live an active lifestyle. MSLC Certified Diabetes Educators also provide office hours on both campuses and a monthly support group in Cornwall.





ONCOLOGY SUPPORT GROUPS

The Littman Cancer Center offers a wide variety of monthly meetings for patients, including those receiving any of their care at a different facility, survivors, families, caregivers and volunteers. The Oncology Navigation Program facilitates programs that include –



ST. LUKE'S SURVIVORS

A support group for those who are living with or have survived any type of cancer.

First Wednesday of the Month 5:30-6:30 p.m.



SHARED STITCHES

Knit, crochet and chat! From beginner to expert, all are welcome.

Second Wednesday of the Month 10-11:30 a.m.



CAREGIVER SUPPORT

A group for sharing support and information on community resources for those caring for a loved one with a chronic illness.

Second Wednesday of the Month 5:30-6:30 p.m.



MSLC C.A.R.E.S

Community | Acceptance | Respect | Empathy | Support For patients and families actively undergoing treatment to share their experiences.

Fourth Wednesday of the Month 5:30-6:30 p.m.



NUTRITIONAL SUPPORT

A support group to discuss healthy habits with an MSLC registered dietitian.

Third Wednesday of the Month 5-6 p.m.



BREAST CANCER SUPPORT

For breast cancer patients and survivors. Led by Breast Cancer Options.

Third Wednesday of the Month 6-7:30 p.m.



MSLC GOES RED TO RAISE AWARENESS IN THE FIGHT AGAINST HEART DISEASE

In 2018, Montefiore St. Luke's Cornwall partnered with the American Heart Association on a variety of heart healthy education and engagement offerings. We started off the year with the annual Wear Red Day celebration in February. As the year progressed, we partnered with the AHA to conduct a series of "lunch and learn" programs with local businesses, with a multidisciplinary health and wellness fair at a popular local grocery chain. The Cardiovascular Institute also reached out into the digital space, recording and distributing heart-healthy podcasts that reached nearly 1,500 listeners. In addition, each issue of the Healthy Heart News is distributed electronically to more than 19,000 people throughout the community and hospital every quarter.



The MSLC team was well represented at the 2018 Tri-County Heart Walk, which was chaired by Joe Surace, Vice President of Operations. In addition, we participated in a variety of events in partnership with the American Heart Association including the annual CycleNation spin competition; we celebrated "Move More Month" in March which encouraged MSLC colleagues and community members to participate in group walking and exercise initiatives; and for the second year in a row, we put on our sneakers and supported National Walking Day, with many employees participating in a walk-a-thon on both the Cornwall and Newburgh campuses.





CELEBRATING MEN'S HEALTH MONTH

To recognize National Men's Health Month in June 2018, MSLC developed a robust schedule of community education. Started in 1996, Men's Health Month was created to heighten the awareness of preventable health problems and encourage early detection and treatment of diseases among men and boys. The hospital partnered with Moulton Baptist Church in Newburgh to present a Men's Health & Wellness Day on June 9 that included free presentations about prostate cancer screening and treatment, avoidable health problems, opioids and medication management, and cardiovascular health.



Later in the month, the Littman Cancer Center provided a free prostate cancer screening, including a physical exam and PSA blood test, and our Urology Department and the St. Luke's Cornwall Medical Group teamed up for a free men's health lunch and learn to discuss the importance of seeing a physician regularly, prevention strategies and identifying issues, including prostate cancer, in their early stages. The month was capped by a free seminar about the variety of treatment methods for enlarged prostate, including laser therapy.







DOC TALK: YOUR HEALTH ON YOUR TIME

The MSLC community outreach program added another element with the addition of the Doc Talk podcast pilot program in late 2017 and full implementation in 2018. This program allows MSLC clinicians to provide important health and wellness information that can be utilized nearly any time and any place at the listener's convenience. Since the program's inception, our staff has recorded more than three dozen episodes across a wide spectrum of topics, including diabetes management, urology, cardiovascular health, orthopedics and joint replacement, bariatric surgery, sleep medicine, patient safety, cancer treatment and services, wound care, rehabilitation services and more. Through May 2019, Doc Talk podcasts have been listened to or downloaded more than 16,500 times.



SHOPPING CARTS & HEALTHY HEARTS

As part of our celebration of American Heart Month, Montefiore St. Luke's Cornwall partnered with ShopRite for a multidisciplinary heart health fair at the store's Vails Gate location on February 27, 2018. The day included free blood pressure screenings, the opportunity to speak with an MSLC cardiologist, information on heart disease and diabetes, an overview of the cardiac rehabilitation program, and heart healthy recipes.



HOLIDAY AT MSLC

The halls of our community hospital were filled with the holiday spirit on Saturday, December 8, for the annual Holiday at MSLC. Thanks to the support and generosity of hospital employees, community members, donors and friends, we welcomed more than 75 families from various community organizations including Newburgh Ministry, Safe Homes, the Boys and Girls Club as well as the Newburgh Armory Unity Center, on this magical morning for a holiday experience that none of us will ever forget. None of this would be possible without our volunteers, including the incredible students from the Newburgh Free Academy Cosmetology and barbering programs, who provided haircuts and manicures to community members throughout the morning.

Planning is already underway for the 2019 Holiday event and we look forward to an even bigger and better event this year.





The Mission of the St. Luke's Cornwall Health System Foundation:

A 501©(3) organization which exists solely to raise funds to support projects and programs of Montefiore St. Luke's Cornwall.

Montefiore St. Luke's Cornwall cares for more than 270,000 patients yearly from around the Hudson Valley. Each is given the best possible care, with an emphasis on compassion, access to state-of-the-art technology and first-class facilities.

This could not happen without the support of the many friends and donors, who are so dedicated to our community hospital. Each of our renowned departments relies on philanthropy, at all levels of giving, to maintain its outstanding quality. Our Centers of Excellence demonstrate the impact donors have made on our ability to provide life-saving care that benefits tens of thousands of people in the Greater Hudson Valley.

Please help us as we continue to pursue excellence in medicine and provide superior patient care to our community. Your partnership with us will continue to support strategic initiatives including state-of-theart equipment purchases and facility improvements, bettering the quality of life for the people who rely on our services.

MSLC Employee Giving...Giving Back to Move Forward

Every day the MSLC staff are called upon to respond to the needs of others – whether it be our patients or patient families, the underserved in our community, or our fellow co-workers. Our staff understands that if we are to continue to maintain our level of excellence, we must constantly seek ways to ensure a strong and secure financial future for ourselves. MSLC employees are often the first to see the need within our organization, and the first to give. In 2018 the employee giving campaign raised \$30,875 in support of our beloved hospital. Gifts large and small donated by our employees through payroll deduction help to maintain state-of-the-art technology, clinical excellence, and programmatic support. Donations for equipment in the cardiac and cancer units are popular by our staff, along with designating their funds to the NICU, Birthing Center or areas of greatest need. It's not just at the bedside, but through the annual MSLC Employee Giving Campaign that our staff answers the call to duty.



ANNUAL GOLF & TENNIS TOURNAMENT

The St. Luke's Cornwall Health System Foundation raised more than \$125,000 in net proceeds in support of Montefiore St. Luke's Cornwall at its annual Golf & Tennis outing held on June 25 at the Powelton Club.

The outing was a great success, having sold out in both the morning and afternoon flights for golf, and the highest number of tennis participants in event history. Top sponsors for the outing included Pepsi Cola of the Hudson Valley, Restorix Health, as well as Mid-Hudson Anesthesiologists.

"We could not have asked for a better day for this event," said Joan Cusack-McGuirk, MSLC President and CEO. "Thanks to the support of our donors, community members and dear friends of MSLC, we are able to raise much needed funds in support of our community hospital."

Proceeds from the 2018 Golf & Tennis Tournament were dedicated to the purchase of new equipment for the Central Sterile Processing Department. This integral department is responsible for cleaning and disinfecting surgical instruments and equipment to ensure successful surgeries and positive patient outcomes. Thank you to all our guests, sponsors and donors who made this possible!











"RENAISSANCE" GALA RAISES RECORD FUNDS FOR MSLC

The St. Luke's Cornwall Health System Foundation's 2018 Gala was a tremendous success, raising more than \$295,000 for our community hospital. The Renaissance of Healthcare Gala was held on Saturday, September 15, 2018 at Anthony's Pier 9 in New Windsor, NY, and celebrated Leadership in Transformation Honorees Dr. Geoffrey Brackett, Michelle F. Rider, Esq., and Patrick Ortland, along with Community Commitment Honoree Father Mark Connell.

"All I can say about this year's event is wow!" said MSLC President and CEO Joan Cusack-McGuirk. "We are so grateful for the incredible amount of support and record turnout in celebration of our very special honorees, and our community hospital. Thank you to all who attended, donated, and made this evening extraordinary."

More than 450 people were in attendance, and enjoyed a night of live entertainment, dinner, dancing, and an exciting live auction with guest auctioneer Joanne Grant of Mid-Hudson Galleries. Top sponsors for the event included Bonura Hospitality Group, Crystal Run Healthcare, The Kaplan Family Private Foundations, the Littman Family, RestorixHealth, the Montefiore St. Luke's Cornwall Medical Staff, and Unitex Textile Rental Services.













KIWANIS CLUB HOSTS ANNUAL BABY SHOWER FOR MSLC BIRTHING CENTER & NICU

In 2018, more than 25 members from the Cornwall High School Key Club, Kiwanis of Newburgh, and Newburgh Free Academy Key Club hosted the 3rd Annual Baby Shower to support the Kaplan Family Birthing Center and Elaine Kaplan Neonatal Intensive Care Unit (NICU) at Montefiore St. Luke's Cornwall. Their goal was to secure enough donations of infant supplies to ease some of the financial burden of having a newborn.

"Many new mothers are struggling with poverty and cannot afford to buy new items for their baby," said Jeanne Boydston, Director of the MSLC Kaplan Family Birthing Center and NICU. "The Kiwanis' and Key Clubs, along with other community organizations, have collected and donated hundreds of infant and baby items to help our newest patients, which help the families keep their babies warm and safe."

The idea of a baby shower to support local hospitals originated from former Kiwanis First Lady Helene Irvine, who worked as a neonatal nurse. Frequently, Helene found that she was running out to purchase various items for new mothers and babies in her unit. When her husband, Forbes Irvine, became Governor of New York Kiwanis, the couple suggested the baby shower as their philanthropic endeavor and it was embraced by other Kiwanis clubs around the world.

Donations were also received from Calvary Full Gospel Church of Newburgh, Elks Club of Newburgh, First Presbyterian Church of Montgomery, Knights of Columbus Council 444, State Farm, St. Luke's Cornwall Auxiliary, Vails Gate United Methodist Church, and Yarntastics of Town of Newburgh.

Thank you so much to our community for supporting our tiniest patients and their families!

"The baby shower at Montefiore St. Luke's Cornwall in 2018 was presented at the annual Kiwanis conference in Las Vegas last fall as a model for all Kiwanis Clubs internationally to follow."

- Beth Hoeffner, Kiwanis of Newburgh Co-Chair



ORANGE COUNTY H.O.G. SHOWS SINCERE DEDICATION TO LITTMAN CANCER CENTER

Owning a Harley Davidson is more than just a love of the iconic brand and bike, especially if you are part of the Orange County, NY Harley Owners Group (HOG). The Chapter has hosted fundraisers for various organizations in the community, and most recently donated \$3,600 to The Littman Cancer Center at Montefiore St. Luke's Cornwall in memory of Sal and Pat Porcaro.

"Sal was the original owner, Jim Moroney's, best pal," explained Liz Cruz, Marketing & HOG Manager at Moroney's Cycles in New Windsor, which serves as the headquarters for the chapter. "Unfortunately, Sal passed away due to pancreatic cancer, and our dealership put together the first Sal's Ride to honor his memory and visit his favorite ice cream shop."

Sal's Ride began three years ago, and last year the HOG Chapter took over coordinating the ride and made the decision to donate the proceeds to the cancer center. The enthusiasm and success of last year's ride prompted the chapter to also add a 50/50 raffle, where proceeds were also donated to the cancer center.

Thank you to the Orange County, NY HOG and Moroney's for all of your support!

"Many of us knew Sal, and his loving wife, Pat, so it brings great joy to be able to continue this tradition in his memory, and to also help the many people that are going through the same situation."

- Liz Cruz, Marketing & HOG Manager



ELAINE KAPLAN NICU CELEBRATES 21 YEARS

Former patients, families and staff gathered to celebrate Montefiore St. Luke's Cornwall's Elaine Kaplan Neonatal Intensive Care Unit (NICU) at the annual NICU Graduate Birthday Party. The 2018 event, hosted at the Newburgh Armory Unity Center, marked the 21st anniversary of MSLC's Level II NICU.

The event was co-chaired by Jill Cappa of the St. Luke's Cornwall Health System Foundation Board of Directors, and Auxiliary Board Member Christine Cahill. The food, venue and entertainment were donated by local businesses and community members including, Adams Fairacre Farms of Newburgh, Arctic Glacier, Billy Joe's Ribworks, Target of Newburgh, Cosimo's on Union, Pete's Hot Dogs, DJ Echo, who happens to be a NICU parent, and many more.

"This is one of the most special days of the year to all of us at MSLC," said Dr. Prabhakar Kocherlakota (Dr. KP), who has worked in the Elaine Kaplan NICU since it opened in 1997. Since its inception, the NICU has cared for premature infants and term newborns with infections, birth defects, breathing difficulties and multiple problems. Named after the late Elaine Kaplan, a local philanthropist who, along with her family, identified the need for enhanced health care for infants in this community, the Level II Unit provides a transport service for critically ill babies born at hospitals without neonatal expertise.

"Our connection to these families doesn't end when their little one is able to leave our care, and it is always rewarding to see the healthy and happy lives they are leading. We remain dedicated to making sure our newest patients and their families receive the highest-quality care."

- Dr. Prabhakar Kocherlakota







SLC Auxiliary Funds Newborn Hearing Test

The St. Luke's Cornwall Auxiliary is proud to provide funding for an infant Auditory Brainstem Response (ABR) testing machine. The ABR test measures an infant's hearing nerve response to sound and is helpful in identifying hearing loss. Every infant born at MSLC is required to have a hearing screening, and those infants who do not pass are referred for further testing and services to ensure that there is little delay in the infant reaching their milestones. Previously, MSLC rented ABR testing equipment and the purchase of this machine has provided a savings opportunity to the hospital while still affording the ability to provide the highest quality of care to our tiniest patients. Thank you to the SLC Auxiliary and all of our donors for making this purchase possible!

Caregiver Respite Room

In July 2018, the MSLC Palliative Care Team officially cut the ribbon on the Caregiver Respite Room. This new room allows for a private space for caregivers and loved ones to take a mental and physical break during their visits to our community hospital.

The room can be used to hold family conferences, have snacks, utilize our meditation tapes and access the computer. Thank you to Kirti Joseph, MD and Sue Martino, NP for bringing this vision to a reality and for all of their hard work in expanding the MSLC Palliative Care Program.





THE SURFACIDE ULTRAVIOLET DISINFECTION SYSTEM

In 2018, Montefiore St. Luke's Cornwall began utilizing the Surfacide Ultraviolet Disinfection System, which is a cutting-edge technology that enhances patient safety and reduce healthcare acquired infections. The purchase of this new system was made possible because of the generosity of the Kaplan Family Foundation.



The Surfacide product, when implemented following terminal cleaning is not only the most effective in

reducing bacterial counts, but also one that provides ease of use for MSLC Environmental Services Staff and complements existing efforts. In addition, the MSLC team has been educating our community on the significance of this technology and the many benefits to patients during their stay with us.

MSLC OPENS LACTATION ROOM PROVIDING PEACE AND COMFORT TO NURSING MOMS

In 2018, Montefiore St. Luke's Cornwall cut the ribbon on a new lactation room, which is the latest addition to the newly remodeled Kaplan Family Birthing Center.

The Lactation Room can be utilized by any employee during their shift and is also available to hospital visitors in need of a private space to pump or breastfeed their child. Over the past year, the beautification and upgrades to the unit have created a serene, home-like environment that supports the health and well-being of new families and has provided clinicians with the state-of-the-art equipment and technology needed to give every child the best start in life.

MSLC was also named a 5-star recipient for Vaginal Deliveries by Healthgrades for the fourth consecutive year. Healthgrades is the leading online resource for comprehensive information about physicians and hospitals. This 5-star rating indicates that MSLC's clinical outcomes are statistically, significantly better than expected when treating the condition or performing the procedure being evaluated.



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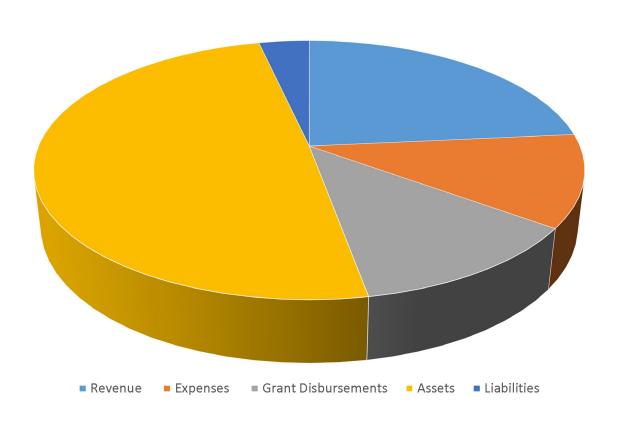
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Expenses	\$340,799
Grant Disbursements	\$359,173
Assets	\$1,461,277
Liabilities	\$104,491



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