We Got Vaccinated

Each year, many hospital staff and volunteers choose to get vaccinated against seasonal influenza. When the vaccine is well-matched to the types of viruses found that year, it can be very effective in preventing the flu among healthy people. By preventing the flu among our staff, we reduce the risk of spreading the illness to our patients.

We Wear Masks

As required by the New York State Department of Health, hospital staff and volunteers who were unable to (or chose not to) get vaccinated are required to wear masks during the time when flu is prevalent. Although masks are not as effective as vaccination, research has found that wearing a mask will decrease the risk of spreading the flu. Masks are recommended by the Centers for Disease Control and Prevention (CDC) and the Infectious Disease Society of America for healthcare personnel who are not vaccinated for influenza.

We Stay Home When We’re Sick

Our hospital strongly encourages staff and volunteers to stay home when they’re sick to prevent the spread of illness to our patients and other staff. This is especially important during flu season because it is possible to get the flu, even if you’ve been vaccinated.