

2016

ANNUAL REPORT

ONCOLOGY SERVICES



A Member of the Montefiore Health System

A MESSAGE FROM THE MEDICAL DIRECTOR



As Medical Director of Oncology Services at St. Luke's Cornwall Hospital, it is my goal to work in coordination with our dynamic team to provide our community with cancer care that will treat patients through the continuum of their journey through cancer diagnosis, treatment and survival. We aim to do this by providing our patients with access to all of the necessary medical and community resources they may need throughout their time with us.

Umangi Patel
Umangi Patel, MD
Medical Director

A MESSAGE FROM THE DIRECTOR OF THE ONCOLOGY SERVICE LINE



At the Littman Cancer Center, we aim to provide our patients and their caregivers with compassionate cancer care right in their backyard. The journey through cancer treatment is life altering and our team is here to help you each step of the way. Throughout 2016, we have worked diligently to build the oncology program at St. Luke's Cornwall Hospital, adding specialists and growing programs that address all of your needs before, during and after your treatment. In the last twelve months we've added a Radiation Oncologist, Dr. Shana Coplowitz from the Montefiore Health System to our team; we've expanded our Palliative Care and Support Services team to include Dr. Kirti Joseph, who works with both inpatient and outpatients to assist your comfort and care; we've welcomed Janelle Carr, a Nurse Practitioner who is providing primary care services to our infusion patients to assist in their ongoing needs as a patient going through treatment. We look forward to continued clinical integration with the Montefiore Health System and expansion of oncology services at St. Luke's Cornwall Hospital.

Mary Luvera
Mary Luvera, RN, MS, OCN, NE-BC
Director of the Oncology Service Line

YOUR CARE. YOUR COMMUNITY. YOUR TEAM.



THE LITTMAN CANCER CENTER AT ST. LUKE'S CORNWALL HOSPITAL PROVIDES QUALITY, COMPASSIONATE CARE RIGHT HERE IN OUR COMMUNITY.

**Radiation Oncology
Infusion Suite
Dedicated Nurse Practitioner Available for Same Day Appointments
Comprehensive Care Navigator**

At the Littman Cancer Center, we treat our patients with respect, warmth, compassion and understanding. Working from a team approach, care is coordinated within an interdisciplinary team of medical professionals. Beginning with the patient's first visit and continuing through treatment and recovery, the SLCH team is there with hands outstretched to lend support and guidance. In addition to a patient's own personal physician, the cancer care team may include an oncologist, radiologist, radiation oncologist, pathologist, surgeon, nurse, nutritionist, pain medicine specialist and clinical social worker.

For more information about all the services offered at the Littman Cancer Center, even if you're receiving any, or all, of your cancer care at a different facility, call us at (845) 458-4444.



Sheila Coplowitz, MD
Medical Director
Radiation Oncology

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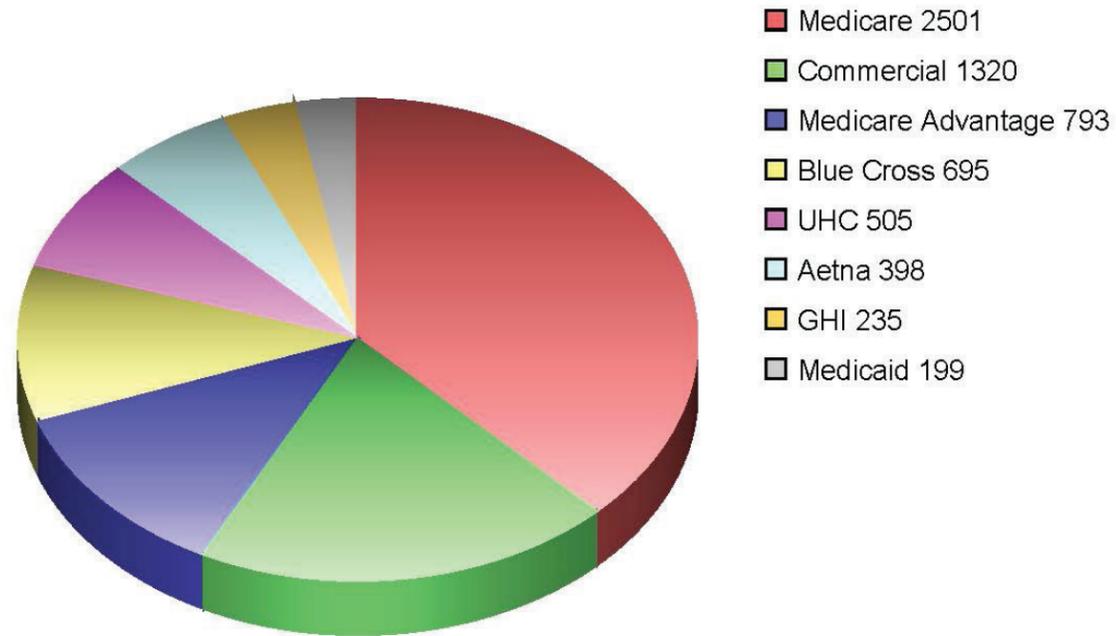
 [@StLukesCornwallHospital](https://www.instagram.com/StLukesCornwallHospital)

A Member of the
Montefiore
HEALTH SYSTEM, INC.

 **St. LUKE'S CORNWALL HOSPITAL**
With you for life.

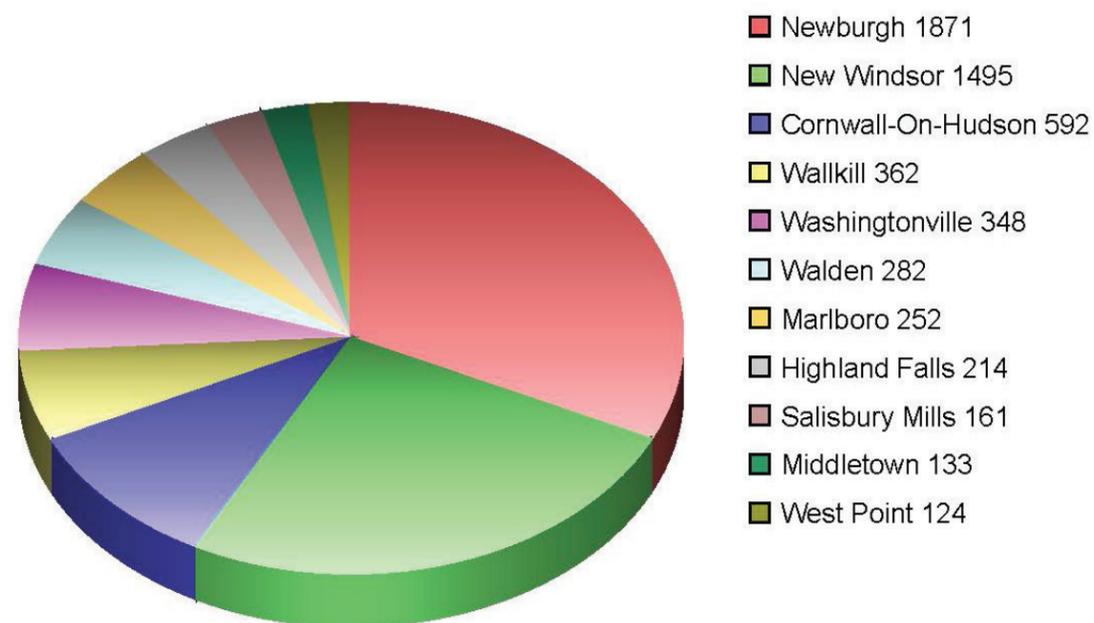
RADIATION ONCOLOGY 2016

PAYER MIX



WHERE ARE PATIENTS COMING FROM

Total Patient Encounters: 6,648



*These numbers includes all patient consultations, visits, treatments, and radiation oncology services.

MEET OUR TEAM

In addition to a patient's own personal physician, the cancer care team may include an oncologist, radiologist, radiation oncologist, pathologist, surgeon, nurse, nutritionist, pain medicine specialist and clinical social worker. The Littman Cancer Center encompasses not only state of the art Radiation Oncology but also an infusion suite, which is housed within St. Luke's Cornwall Hospital's Cornwall campus.



Gina Del Savio, MD
Associate Chief Medical Officer, SLCH



Mary Luvera
Director, Cancer Services



Umangi Patel, MD
Medical Director, Cancer Services



Robyn Kelley
Cancer Care Navigator



Dr. Kyung Hahn
Radiation Oncology



Dr. Shana Coplowitz
Medical Director Radiation Oncology



Nicole Pogelshek
Manager, Radiation Oncology



Janelle Carr
DNP, FNP-BC, MS, RN
Nurse Practitioner, Infusion Center

THE INFUSION SUITE

The Infusion Suite at St. Luke's Cornwall Hospital's Littman Cancer Center features private treatment areas with individual televisions for the comfort of family and friends. The center is staffed by Registered Nurses who provide skilled care working toward physical and emotional comfort. We also have a doctorate prepared Nurse Practitioner (DNP) who works collaboratively with your physicians and the nurses in the infusion center to provide seamless care. She is available for any emergent situation that might arise during one's treatment.

TOMOTHERAPY

In partnership with Cornwall Radiation Oncology Services, SLCH offers state of the art radiation therapy using TomoTherapy Hi-Art treatment, a system that calculates the appropriate pattern, position and intensity of the radiation beamlets to be delivered based on the doctor's prescribed dose.

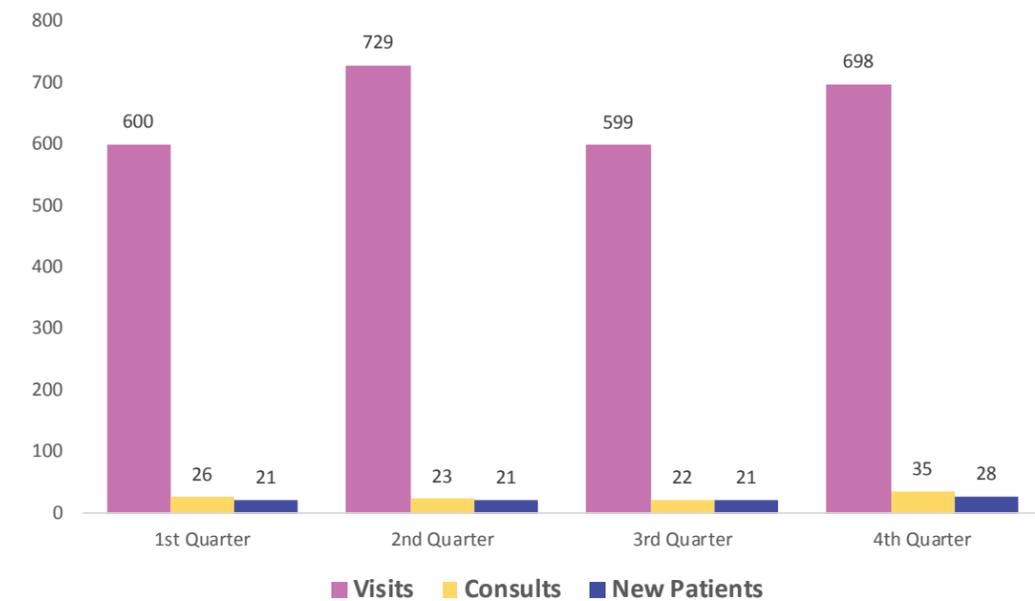
Benefits of TomoTherapy:

- Unparalleled precision and accuracy
- Less damage to healthy tissue
- Shorter recovery times – quicker return to normal routine
- Multi-disciplinary team approach to fighting cancer
- Soothing, patient-focused environment

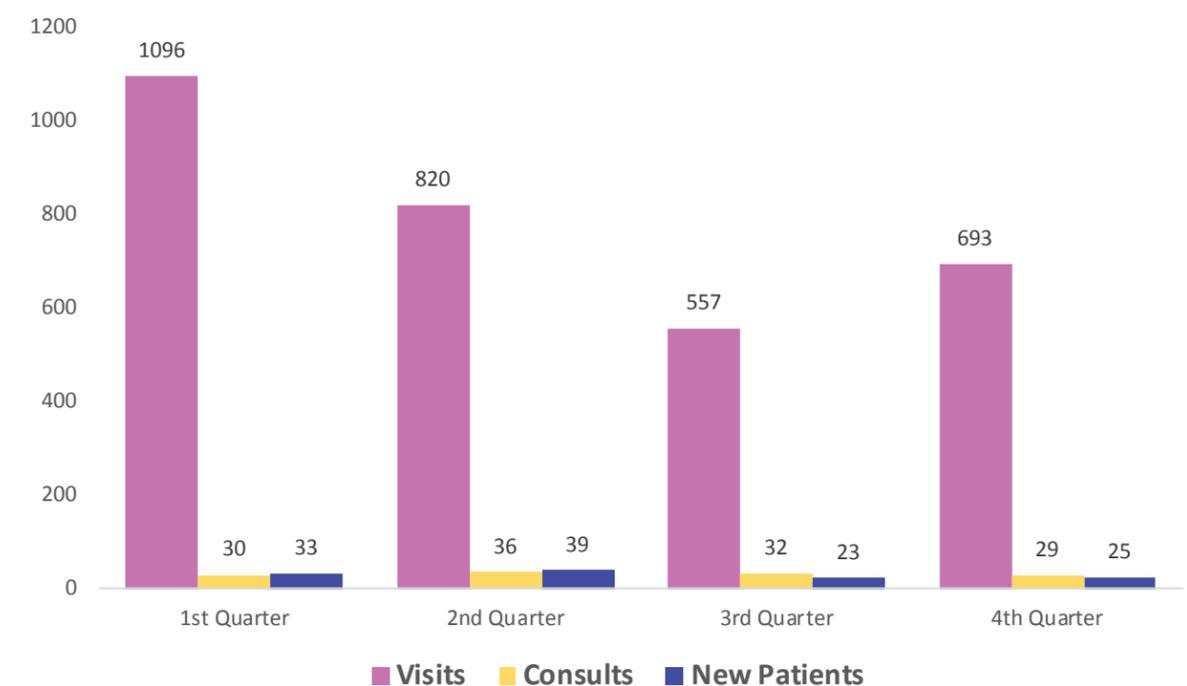


RADIATION ONCOLOGY

Radiation Oncology 2015



Radiation Oncology 2016

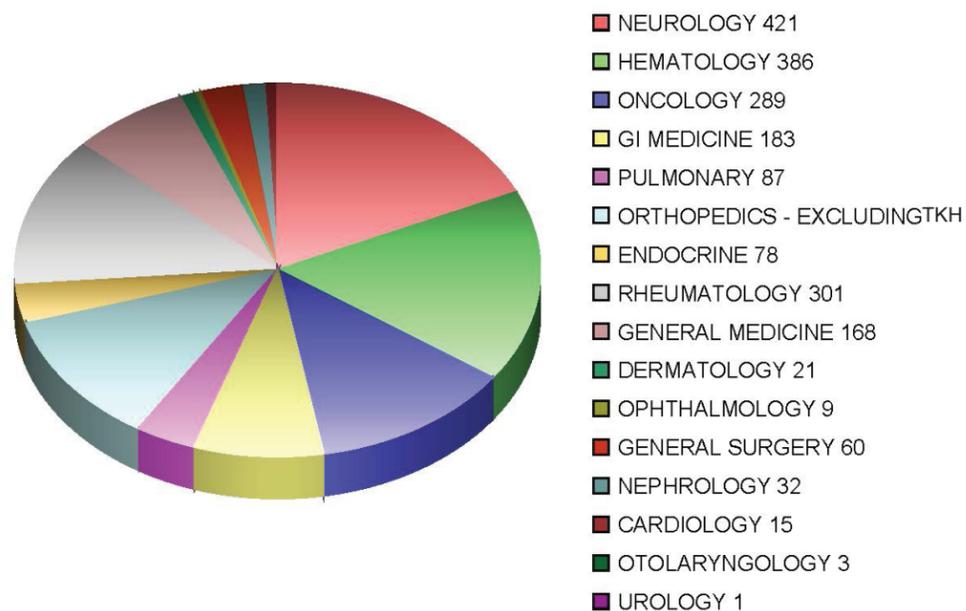


INFUSION

2016

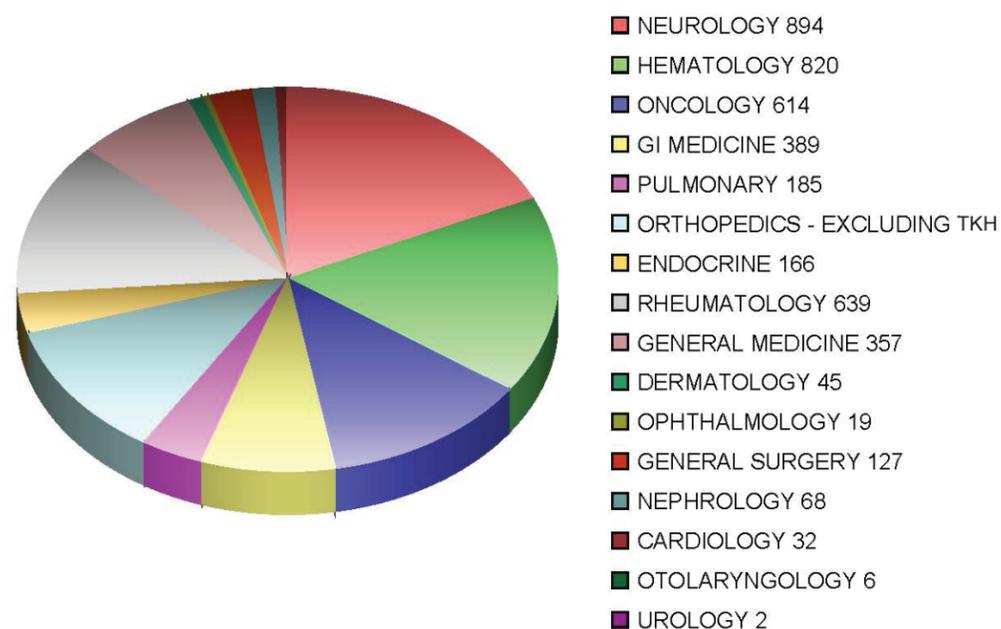
NUMBER OF PATIENTS PER YEAR

Total Patients: 2,321



NUMBER OF VISITS PER YEAR

Total Visits: 4,930



SUPPORT SERVICES

Patient Navigator

The journey through cancer care can be confusing, frustrating and scary. The Littman Cancer Center care navigation program can help guide patients through the experience, even if you're receiving any, or all, of your cancer care at a different facility.

With just one phone call, Robyn works to assist not only with the physical aspects of your care, but also the social, emotional and financial challenges so you can better focus on your recovery.

Our patient navigator also offers monthly support groups on every Wednesday. These support groups cater to the needs to all patients, family members, loved ones and caregivers. Listed below are the available support groups.



Robyn Kelley, Patient Navigator, and Amber at the Army West Point Dig Pink Volleyball game.

- **St. Luke's Survivors:** For anyone who has survived or is living with any type of cancer. Meets the first Wednesday of the month.
- **Shared Stitches:** Knit, Crochet, and chat! Beginner to expert, all are welcome. Creations are donated to cancer patients. Meets the second Wednesday of the month.
- **Breast Cancer Support:** For breast cancer patients and survivors. Led by Breast Cancer Options. Meets the third Wednesday of the month.
- **Care Giver Support:** A group for sharing support and information on community resources for those caring for a loved one with a chronic illness. Meets the second and fourth Wednesdays of the month.

*These numbers reference any patient receiving infusion treatment not limited to oncology services

SUPPORT SERVICES

Palliative Care Medicine

Expert medical care designed to provide individualized, patient-centered care for those dealing with an advanced illness. Our team works alongside your Oncologist or Primary Physician to improve quality of life and address all causes of distress while you are undergoing curative treatments.



Kirti Joseph, MD

Board Certified in Internal Medicine
 Board Eligible in Hospice and Palliative Medicine
 Internal Medicine trained at NYU Langone Medical Center
 Hospice and Palliative Medicine trained at University of Buffalo.



Sue Martino, NP

Board Certified as Nurse Practitioner in Adult Health
 Extensive ICU/CCU experience
 Extensive experience with home and inpatient hospice services.
 Pioneered the Palliative care program at St. Luke's Hospital in 2010.

The SLCH Supportive Care Team works with patients who are:

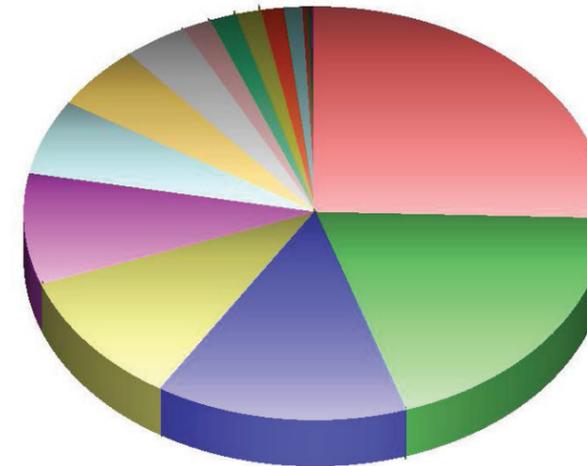
- Managing symptoms and side effects such as:
 - Pain
 - Nausea/vomiting
 - Diarrhea/constipation
 - Anorexia/Weight Loss
 - Fatigue
 - Depression
- In need of education about their illness and what to expect
- In need of support for family members or caregivers
- In need of coping skills
- In need of coordination of care across settings.
- In need of discussion regarding goals of care and decision making.

INFUSION

2015

NUMBER OF PATIENTS PER YEAR

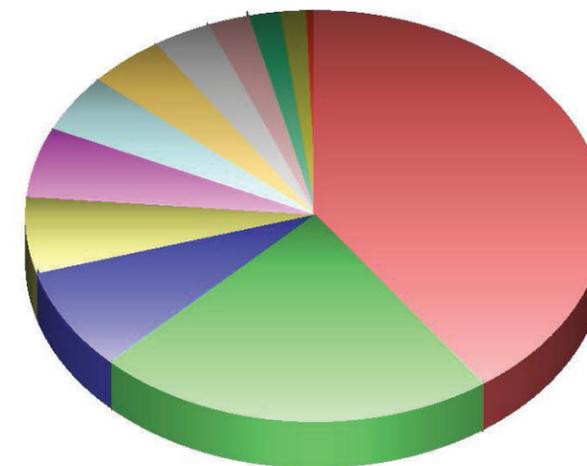
Total Patients: 1,669



- HEMATOLOGY 425
- NEUROLOGY 326
- ONCOLOGY 231
- RHEUMATOLOGY 175
- GI Medicine 145
- ORTHOPEDICS 98
- GENERAL MEDICINE 84
- ENDOCRINE 59
- DERMATOLOGY 27
- CARDIOLOGY 25
- NEPHROLOGY 23
- PULMONARY 21
- GENERAL SURGERY 17
- OPTHALMOLOGY 5
- HIV INFECTIONS 3
- GYNECOLOGY 2
- Unknown 1
- UROLOGY 1

NUMBER OF VISITS PER YEAR

Total Visits: 4,969

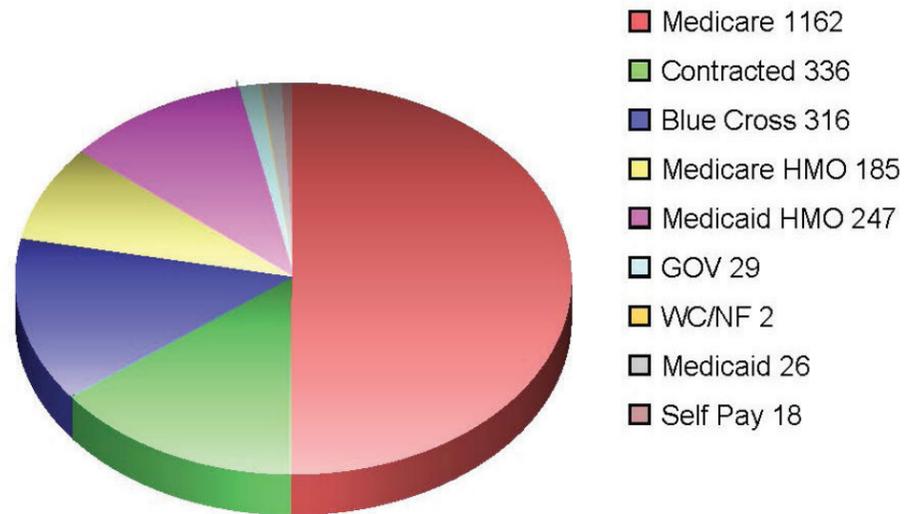


- HEMATOLOGY 1265
- NEUROLOGY 971
- ONCOLOGY 688
- RHEUMATOLOGY 521
- GI Medicine 432
- ORTHOPEDICS 292
- GENERAL MEDICINE 250
- ENDOCRINE 176
- DERMATOLOGY 80
- CARDIOLOGY 74
- NEPHROLOGY 68
- PULMONARY 63
- GENERAL SURGERY 51
- OPTHALMOLOGY 15
- HIV INFECTIONS 9
- GYNECOLOGY 6
- Unknown 3
- UROLOGY 3

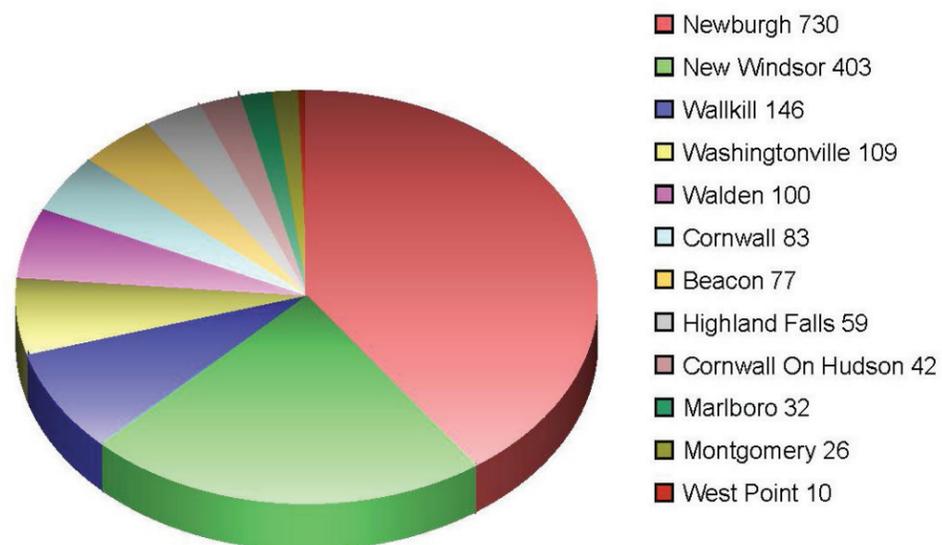
*These numbers reference any patient receiving infusion treatment not limited to oncology services

INFUSION

PAYER MIX



WHERE PATIENTS ARE COMING FROM



EARLY LUNG CANCER SCREENING PROGRAM

The SLCH Lung Cancer Screening program went into effect on December 15, 2016. This program makes SLCH part of the National Lung Cancer Screening Registry and explores the early detection and treatment of lung cancer and other diseases associated with smoking using low-dose CT screening. This will be a large focus as we plan for 2017 prevention goals and initiatives.



The SLCH Lung Cancer Screening Program began December 15.



Jennie Drexler-Ferraioli,
RN, MSN, CCRN
SLCH Director of Critical
Care & Thoracic Services



Dr. Scott Berman
Thoracic Surgeon

ARE YOU ...

- A current smoker with a 20-pack per year history?
- Between the ages of 50-77?
- A smoker of 20 years or more?
- A former smoker who has quit in the past 20 years?

If you answered YES to any of these questions, you may be eligible for a screening CT scan of your chest to detect early cancers of the lung.

WHAT IS INVOLVED?

- ▶ Quick, painless CT scan without injections
- ▶ Questionnaire
- ▶ 20 minutes of your time to complete the above

**For more information, please call
(845) 568-2011**

EDUCATION AND ENGAGEMENT

A large area of focus in building the oncology program at St. Luke's Cornwall Hospital has been on increasing education and engagement across all areas of cancer care. In early 2016, the Community Outreach Coordinator, supported by the marketing team, as well as the Cancer Services Leadership and the Patient Navigator developed a comprehensive plan to assist in meeting the cancer outreach goals and initiatives for the year ahead.

The team continuously looked at ways to not only increase the number of educational offerings, but also have a larger impact on those attending the sessions. Of the more than 65 cancer related events that occurred in 2016, 100% of those offered the opportunity for attendees to provide feedback and a cancer screening tool form was part of the discussion. Not only were physical feedback forms provided but there was also significant discussion with those in attendance about what they hoped for future engagements.



PARTNERING WITH THE AMERICAN CANCER SOCIETY

St. Luke's Cornwall Hospital has maintained continuous dialogue with the American Cancer Society to strategize the best possible partnership between the two organizations. In 2016, SLCH looked to enhance our visibility at both the annual Relay for Life event as well as the Making Strides Against Breast Cancer Walk. The ongoing discussion with the ACS on not only their available educational resources in cancer research, but also how we can best show the community that SLCH offers the full gamut of cancer care has been extremely helpful.

