

# NO PAIN, ALL GAIN

**FREE SEMINAR ON ARTHRITIS OF THE HIP, KNEE & SHOULDER**

## DID YOU KNOW?

The most common type of arthritis is osteoarthritis, which affects an estimated 31 million Americans.

Learn more about the diagnosis and treatment of arthritis, including dietary supplements, medications, exercise, injections and surgery.

PRESENTED BY



**DR. JOHN McLAUGHLIN**  
MEDICAL DIRECTOR  
MSLC CENTER FOR JOINT REPLACEMENT



**THURSDAY, JUNE 27 • 6:30 PM**  
**HAMPTON INN NEW PALTZ**  
**4 SOUTH PUTT CORNERS ROAD • NEW PALTZ, NY 12561**

**Register online at <http://bit.ly/mslcevents>  
or call (845) 568-2561.**

**Montefiore** | **St. Luke's Cornwall**