

## THE DOCTORS

### JAIME CEPEDA, MD, FACS | TRI-STATE BARIATRICS MEDICAL DIRECTOR

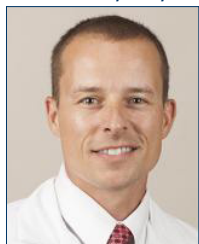


#### BOARD CERTIFIED SURGEON

##### SPECIALTY AREAS –

- Advanced laparoscopy
- General surgery
- Bariatric surgery (Laparoscopic Gastric Bypass, Laparoscopic Sleeve Gastrectomy and Laparoscopic Lapband)

### SETH JUDD, MD, FACS, FASMBS | CRYSTAL RUN HEALTHCARE



#### BOARD CERTIFIED SURGEON

##### SPECIALTY AREAS –

- Foregut surgery
- Bariatric surgery
- Hernia surgery
- Antireflux surgery
- Solid organ surgery
- Advanced laparoscopy
- General Surgery

### JOHN POWELL, MD, FACS, FASMBS | CRYSTAL RUN HEALTHCARE



#### BOARD CERTIFIED SURGEON

##### SPECIALTY AREAS –

- Foregut surgery
- Bariatric surgery
- Hernia surgery
- Endoscopic procedures
- Advanced laparoscopy

## OFFICE LOCATIONS

#### Crystal Run Healthcare

1200 Route 300 | Newburgh, NY 12550

(845) 725-0100

WWW.CRYSTALRUNHEALTHCARE.COM

#### Tri-State Bariatrics

384 Crystal Run Road, Suite 201 | Middletown, NY 10941

(845) 692-8780

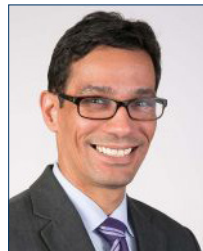
200 Westage Business Ctr. Dr., Suite 119 | Fishkill, NY 12524

(845) 896-0610

WWW.TRISTATEBARIATRICS.ORG

## THE DOCTORS

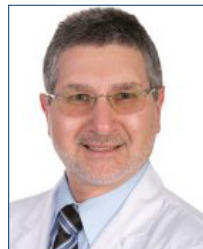
### RAMON RIVERA, MD, FACS | TRI-STATE BARIATRICS BOARD CERTIFIED SURGEON



##### SPECIALTY AREAS –

- Laparoscopic bariatric surgery
- Advanced gastrointestinal surgery (Esophagus, Stomach, Biliary Tract & Colon)

### WAYNE WEISS, MD, FACS | TRI-STATE BARIATRICS



#### BOARD CERTIFIED SURGEON

##### SPECIALTY AREAS –

- Bariatric surgery (Laparoscopic Gastric Bypass, Laparoscopic Sleeve Gastrectomy and Laparoscopic Lapband)
- Gastrointestinal endoscopy
- General surgery
- Surgical critical care

## HOSPITAL INFORMATION

Main Phone ..... (845) 561-4400

Web Site ..... www.montefioreslc.org

#### PARKING

The garage at our Newburgh campus makes parking convenient, safe and secure. Located right on Dubois Street, the garage is connected to the hospital by an enclosed pedestrian bridge. Self-service pay stations are located on the first and third levels of the garage. Valet parking is also available at the front entrance of the hospital for a flat fee of \$5 per day. The valet service is open from 6 a.m. - 9 p.m. Monday through Friday and 8 a.m. - 4 p.m. on weekends and holidays.



Montefiore | St. Luke's Cornwall

## INSTITUTE FOR METABOLIC & BARIATRIC SURGERY



**70 Dubois Street  
Newburgh, NY 12550  
(845) 568-2825**

WWW.MONTEFIORESLC.ORG



## WELCOME



### Welcome to the Montefiore St. Luke's Cornwall Institute for Metabolic and Bariatric Surgery.

It is the goal of Montefiore St. Luke's Cornwall to provide you with the best patient experience by utilizing a seamless approach to your care. From your initial visit with our physicians to any necessary hospitalization and through your post-discharge recovery, we are available to you to answer any questions and address any concerns. We work closely with our physicians to coordinate each patient's treatment plan. This patient-centered approach is just one reason that Montefiore St. Luke's Cornwall is recognized as one of the top facilities in New York State.

*Bonnie Heal*

Bonnie Heal, RN, BSN, MSN  
Director Bariatric & Urology Service Lines  
Montefiore St. Luke's Cornwall

**At the Montefiore St. Luke's Cornwall Institute for Metabolic and Bariatric Surgery, we provide our patients with continued support and information throughout their weight loss journey. One of the first steps in this journey is to learn about all of the different surgical weight loss options available to you. This information is provided at our free seminars, which explain how each surgery works, discuss risks and benefits as well as how our team can help you make these important lifestyle changes.**

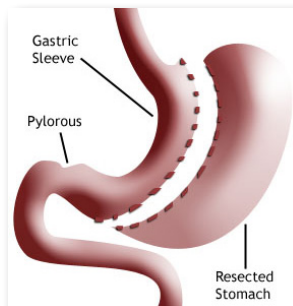
## METABOLIC & BARIATRIC SERVICES

Bariatric Surgery is a life changing event that requires a team approach for long-term success. The team at Montefiore St. Luke's Cornwall's Institute for Metabolic and Bariatric Surgery works with each individual patient to ensure that the proper pre- and post-procedure support is provided.

The MSLC Institute for Metabolic and Bariatric Surgery offers Lap-Band, Sleeve Gastrectomy and Gastric Bypass. Each surgery has a unique profile of effectiveness, safety and risks. Our team of expert surgeons will help you choose the right operation for you. Our surgeons are very experienced in laparoscopy, and therefore, all of our surgeries are performed laparoscopically.

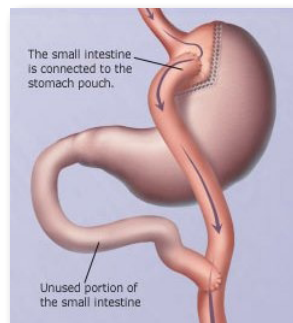
### SLEEVE GASTRECTOMY

The Sleeve Gastrectomy restricts the amount of food you can eat by reducing the size of your stomach significantly. In addition to the restriction, there is a reduction in the production of a hunger hormone, known as Ghrelin, as a result of removing a large part of the stomach.



### ROUX-EN-Y GASTRIC BYPASS

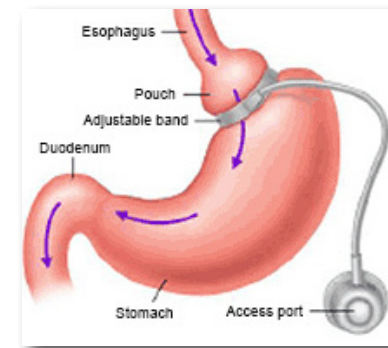
The Roux-en-Y gastric bypass is a safe and effective procedure. It creates a small stomach pouch that allows an individual to feel satiated from eating a small meal. The procedure causes a degree of maldigestion and malabsorption.



MSLC #3230 0319

## LAP-BAND

The Lap-Band® is a very safe, effective, and reversible surgical tool to assist patients with weight loss and maintenance of their weight loss. The properly adjusted band reduces physical hunger and provides satiety with small meals.



## PATIENT SUCCESS

I was a normal sized child, but when I got into my 20s, I started gaining weight. I had chronic headaches, exhaustion, pain in my feet, my knees, and my ankles. After years of feeling this way, I made the life-changing decision to have bariatric surgery. I am so thankful to Montefiore St. Luke's Cornwall. This was one of the best choices I ever made. My son recently said to me, "Mommy I can put my hands around your waist and touch my hands."

**To me, that is a victory and not just for me but for my family.**



Watch Rosemarie's story at  
[www.montefioreslc.org](http://www.montefioreslc.org)