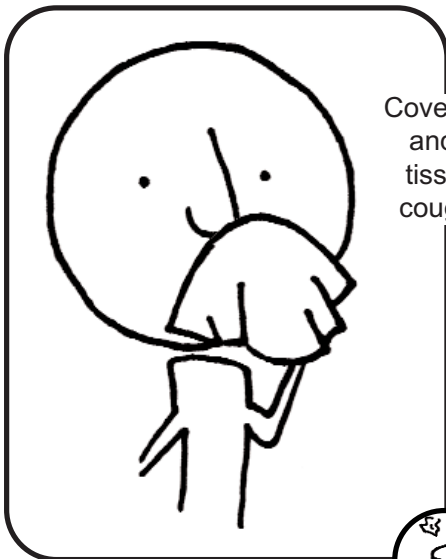
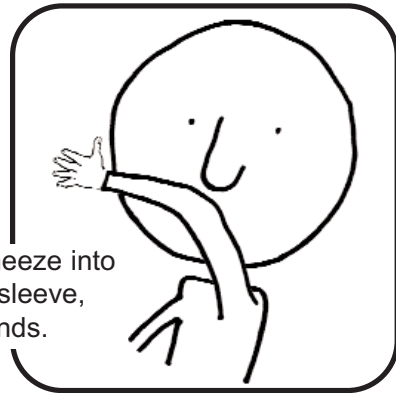


Stop the spread of germs that make you and others sick!

Cover your Cough



Cover your mouth and nose with a tissue when you cough or sneeze or cough or sneeze into your upper sleeve, not your hands.



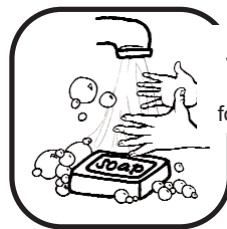
Put your used tissue in the waste basket.



You may be asked to put on a surgical mask to protect others.

Clean your Hands

after coughing or sneezing.



Wash hands with soap and warm water for 20 seconds or

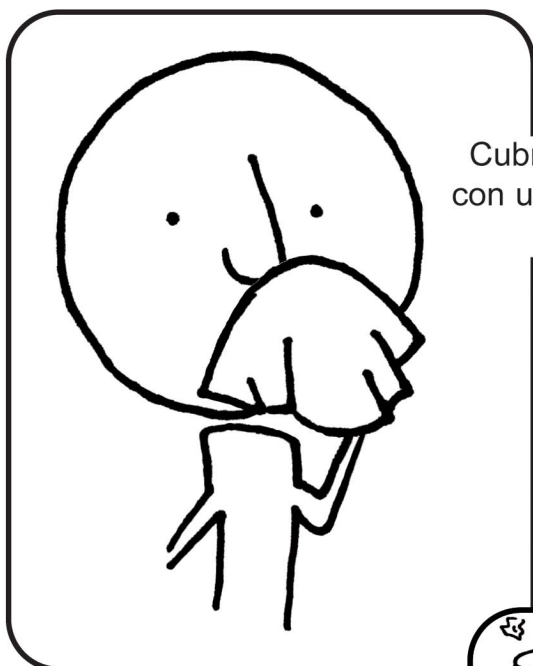


clean with alcohol-based hand cleaner.



¡Pare la propagación de gérmenes que lo enferman a usted y a otras personas!

Cubra SU tos



Cubra su boca y nariz
con un kleenex cuando
tosa o estornude

o
tosa o estornude en la
manga de su camisa,
no en sus manos.

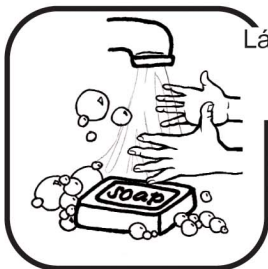
Deseche el kleenex
sucio en un basurero.



Quizás le pidan ponerse una
mascarilla quirúrgica para
proteger a otras personas.

Lávese las manos

después de toser o estornudar.



Lávese las manos con
jabón y agua tibia
por 20 segundos

o
limpielas con un
limpiador de manos
a base de alcohol.

